

# GOOD, CHEAP MEALS AT CAMP BORDEN MESSSES

It Costs Canada Only 31¼  
Cents Per Day to Feed  
Each Soldier.

## VARIETY IN THE MENU

Amateur Night Makes a Hit—  
Stiff Sentences—Regu-  
lar Exercise.

### Special to The Star.

Camp Borden, Aug. 11.—It costs 31¼ cents to feed each soldier per day at Camp Borden. It is something of a revelation regarding the cost of living when consideration is given to the amount of food which is obtained for this amount per man. The following is the daily ration per man:

One pound of beef, 3 ounces of bacon, 3 ounces of sugar, one ounce of milk powder, 6 ounces of fresh vegetables, one pound of bread, one pound of potatoes, 2 ounces of beans, 2 ounces of jam, 2 ounces of butter, one ounce of cheese, half an ounce of split peas, half an ounce of salt, one-third ounce of coffee, one-quarter ounce of tea, one thirty-sixth ounce of pepper.

### May Get a Variety.

This statement will puzzle the busy housekeeper in Toronto when it is compared with the cost of living there. And yet this is the cost of foodstuffs on Government contracts.

There are also choices for the soldiers. He may have instead of one pound of beef, half a pound of beef and fish, respectively, or three-quarters of a pound of biscuits instead of his pound of bread, or instead of his 2 ounces of beans he may have two ounces of either oatmeal, flour, or rice. He may have prunes instead of jam, two rations of tea or coffee instead of one of each, or macaroni, sago, or raisins or baking powder for other grocery equivalents, and canned tomatoes, corn and peas may be chosen instead of fresh vegetables.

In the long run it all works out at the same cost.

For a month of 31 days like last July, and a camp strength of 30,000, the cost works out at over \$290,000 a month, as stated in The Star yesterday.

### Amateurs Perform.

Amateur night was inaugurated at the Kitchener Theatre last night, and the fervor with which the men greeted the endeavors of the contestants was refreshing. Sergt. Joseph Clearsky, 114th Battalion, was unanimously awarded \$5 as first prize for a dialogue on the Indian in Camp; Pte. John Cooke, 114th, \$2.50 as second, presenting an Indian war dance; and Pte. John Tyler, 168th, \$1 third, with a recitation. Manager Adams proposes holding a weekly amateur night open to every man in camp.

The brigade bombing officers appointed are: Lieuts. W. R. Barton, C. H. Mitchell, C. M. Brown, C. H. Applegath, J. A. Symes, C. B. Green, L. Lott, G. C. Langford.

The following are qualified scout officers: Lieuts. H. A. Mowat, W. E. Campbell, J. O. Malloy, R. O. Swift, R. T. McLean, H. B. Johnson, A. Gillies.

### Steady Exercising.

The officers and men spend an hour daily in physical exercises. A large area in front of headquarters has been set aside for this part of the training.

Pte. John Forbes, of the 176th Battalion, fell from a motor transport while coming from Alliston, injured several ribs, and sustained injuries to his back.

Dr. A. P. Chalmers, of Toronto, who is a captain on the camp medical staff, has been appointed chief medical officer at the Kapuskasing alien enemy internment camp, North Ontario.

Capt. Henry C. Campbell (12th Regiment) has been promoted to the rank of captain in the 127th York County Battalion.

Lieut. R. A. Paul, 153rd Battalion, is detailed for duty at the school of trench warfare until further notice.

### Stiff Sentences.

Stiff sentences continue to be meted out by court-martial. Corporal John O'Meara, 166th Battalion, has been convicted for conduct prejudicial to good order and military discipline, and sentenced to reduction to the ranks and imprisonment without hard labor for 144 days. Pte. Camiel Wyseur, of the same battalion, for using threatening language, has been sentenced to six months without hard labor.

Pte. J. Henderson, admitted to hospital yesterday with his windpipe severed, has been transferred to the base hospital at Toronto. He may recover.